



BE THE CHANGE!

A Grundtvig Workshop organised by NEAG Alternatives to Violence and Diversity Joy 8 -14 December 2011

INFORMATION FOR APPLICANTS

Venue of the workshop:

Amsterdam and Broek in Waterland, the Netherlands

Topic of the workshop:

Be the Change! learning and facilitating non violent community building competences

Language of the workshop: English

Target group(s):

Young adult volunteers (18-25), focus on youngsters (and some semi professionals) with a migration background and/or living in a deprived urban area and /or working with them in organisations on local or regional level.

Number of participants: 20

General Information

Be the Change! is a so called HIPP (Help Increase the Peace and Positivity) workshop and addresses young people by training competences by doing and having fun, while addressing a topic of their interest. The basic elements of community building and communication skills teaching for resolving conflicts non-violently are always there. HIPP teaches accepting differences and increases participants' self-esteem. A HIPP workshop creates a pressure cooker experience, focussing on one topic while building bridges between all participants. HIPP materials are free for use. HIPP can easily go anywhere!

Participants will learn how to bring people together in conflict situations and how to facilitate structured experiential learning. Since participants come from many different countries, they will not only learn *about* diversity (in conflict) but will experience each others diversity as well. Participants will learn on a personal level as well.

We expect to make participants enthusiastic and skilled to use the experience and to start promotion and implementation of HIPP workshops in their own communities and organisations.

'Be the change you want to see in the world!' (Ghandi)

The objective of this workshop week is to extend the dissemination of the HIPP approach and training programme within European countries that we started during the 2009 and 2010 Grundtvig workshops. We will train again 20 young adults (18-25) to become future volunteer group facilitators by learning while doing HIPP workshops. At the end of the week participants have to practice the learning's by facilitating a real HIPP workshop for student peer groups or young asylum seekers in a centre.

Programme	
08/12/2011	Arrival Meet and greet near Amsterdam Central Station Opening session: week programme, expectations, agreements, introduction Alternatives to Violence training(AVP) and the special AVP format for youth: Help Increase the Peace (HIPP)
09/12/2011	Basic training: 3 sessions on affirmation, communication and cooperation Dance workshop: 5 rhythms
10/12/2011	Basic training: 3 sessions on community, conflict resolution and affirmation Common dinner in Amsterdam, evening off
11/12/2011	Visit to Marken Training for facilitators (T4F): teamwork, feedback skills
12/12/2011	Training for facilitators (T4F): practicing and preparation in groups for learning by doing HIP sessions
13/12/2011	Performing a task : facilitating HIPP workshops for student peer groups groups of young asylum seekers in a centre in Amsterdam
14/12/2011	Evaluation session, agreements for dissemination, consultation and cooperation Departure in the afternoon

In principle we will give priority to applicants from the European Network of Civil Peace Services (EN.CPS), the partner organisations of the former and current Grundtvig partnerships, the organisations that attended the workshops in 2009 and 2010 and applicants nominated by previous participants. Our aim is to enhance or enable possible further cooperation on disseminating HIPP workshops.

The workshop is open for other new young adult learners as well! We will bring individual selected applicants from the same country together by mail before the training. We also welcome team (2-3 individuals) applications. A common learning experience might help to form a new HIPP team in your own country!

Each individual applicant has to fill in the extended questionnaire to enable us to make a proper selection. You need no special preparation to join. AVP/HIPP is based on experiential learning, introduction on arrival day.

During the last session we will discuss participants opportunities and ideas about using this experience and practising HIPP. Tailor-made agreements on assisting the follow up and the introduction of HIPP workshops in any particular country are possible. We encourage all participants to join a training team in their country if possible.

Practical Information

Accommodation for 7 nights has been arranged in a very nice and well equipped training venue near Amsterdam in 2-5-10 person rooms. Once selected participants will receive all practical information i.e. a detailed programme, participation list, information on compensation for transport and meals outside the venue, help to find best travel options and arrangements for travel, arrangements for refunding travel costs conform basic Grundtvig rules about cheapest flight, train or car, to a fixed maximum of €250 p.p.*, all training material in English on usb/cd and a paper version.

Travel and cancellation insurance is for own account of the participants.

* If travel costs are inevitably higher and cause thresholds to participate, special arrangements may be possible in some cases.

For more information or to receive an application form please mail to:

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www.neag.nl

www.diversityjoy.nl